

## **Touring Tips**

Here are some questions which may help you select the "best fit" option during your visits:

- 1. Could you picture your loved one living here? (This is a completely subjective question; trust your instincts!)
- 2. Safety Features
  - a. Are there handrails in the bathrooms, hallways, etc.?
  - b. How do residents alert staff if they need help?
  - c. How often does a staff member check on residents?

### NOTES:

- 3. Staff
  - a. Did you feel welcome?
  - b. Does the relationship between staff and residents appear warm, polite and respectful?
  - c. How does the staff interact with the residents?
  - d. What ongoing training and continuing education does the facility require of its staff?
  - e. Is the Director of nursing an RN or an LPN?

### NOTES:

- 4. Wellness
  - a. How does the staff proactively monitor the health status of the residents?
  - b. Does the community have a hydration program to ensure residents are drinking enough liquids?
  - c. How does the staff recognize declines in functioning or the need for additional assistance?
  - d. Do they measure consumption amounts at meals?

#### NOTES:

# Touring Tips (con't)

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- a. Is there assigned seating at meals?
- b. Do residents have a choice in menu selections? What if they don't like the offered main course?
- c. What times are meals served?
- d. Ask for a copy of a monthly menu so you can see what is typically served. Would the menu items appeal to your loved one?
- e. Does the community monitor attendance at meals? What happens if a resident does not show up for a meal?

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- 6. Residents and Activities
  - a. How do new residents get oriented to the community?
  - b. Are the residents smiling and do they appear happy?
  - c. What activities are offered on a weekly basis? How many of the residents attend activities?
  - d. What outings does the community take?
  - e. Obtain a copy of the monthly activity calendar: Do they offer activities your loved one would enjoy?

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- 7. Add additional questions specific to your loved one:
  - a.
  - b.
  - c.

Could you picture your loved one living here?